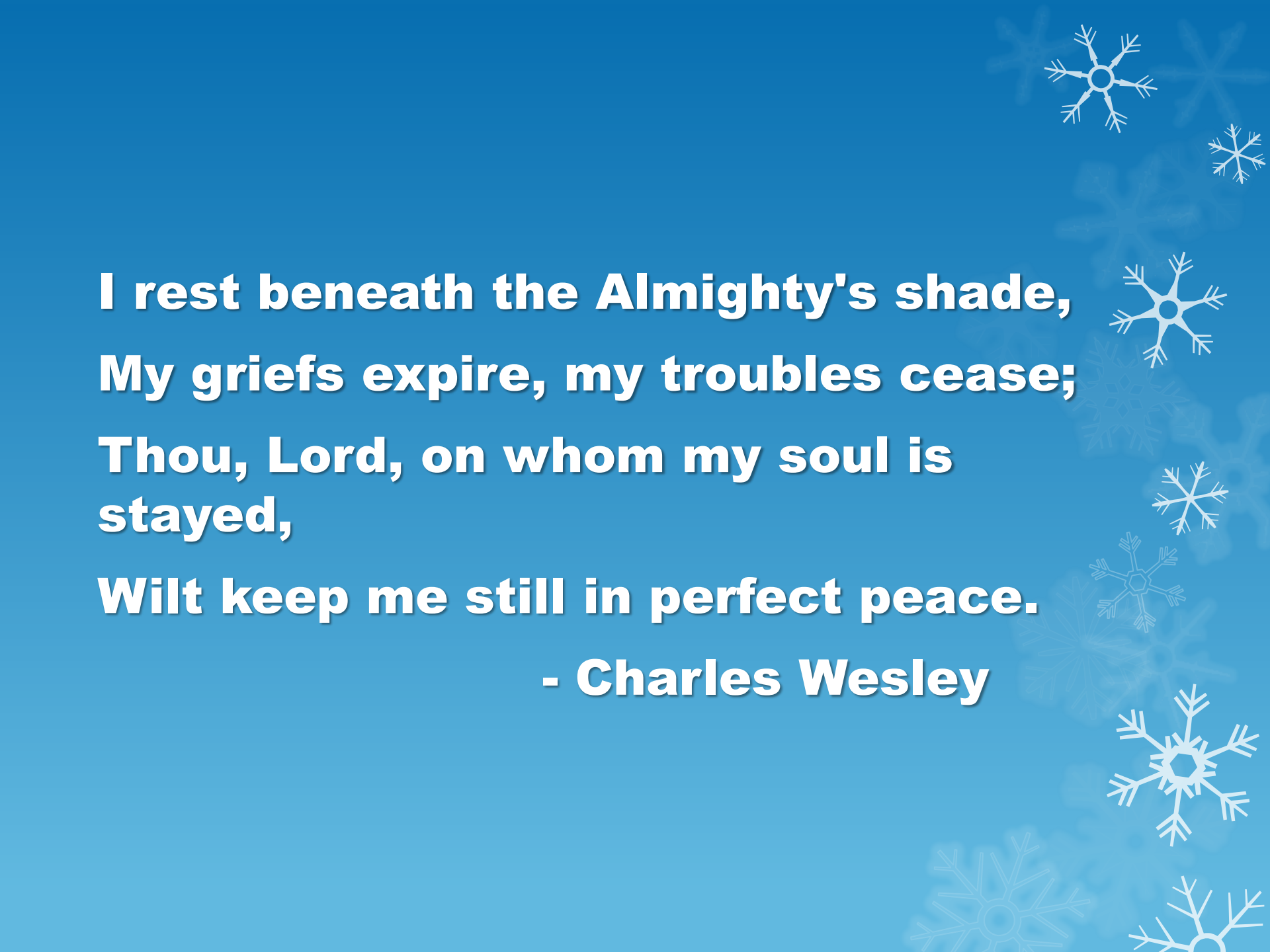


**Peace:**

**How to Live in Perfect Peace**





**I rest beneath the Almighty's shade,  
My griefs expire, my troubles cease;  
Thou, Lord, on whom my soul is  
stayed,  
Wilt keep me still in perfect peace.**

**- Charles Wesley**

# Isaiah 26:3-4

**3 You will keep in perfect peace  
him whose mind is steadfast,  
because he trusts in you.**

**4 Trust in the LORD forever,  
for the LORD, the LORD, is  
the Rock eternal.**

# Isaiah 26:3-4

**3 You will keep in perfect peace**

**3 You will keep in shalom shalom**



# **“PEACE”**

**Strong's #: 07965**

**completeness, soundness, welfare**

- a. completeness (in number)**
- b. safety, soundness (in body)**
- c. welfare, health, prosperity**
- d. peace, quiet, tranquillity, contentment**
- e. peace, friendship**
  - 1. of human relationships**
  - 2. with God especially in covenant relationship**

# Isaiah 26:3-4

**3 You will keep in perfect peace  
him whose mind is steadfast,**



# **A Discipline of Thought**



**Where we set our mind is essential to living in perfect peace.**

**We are not to set our mind on earthly things (Philippians 3:19), but to set our mind on things above (Col. 3:2)**

**We can access the thoughts of Christ. (1 Cor. 2:16, Philippians 2:5)**

# **A Mind Stayed on Christ**



**To be kept in this perfect peace, our mind must be stayed.**

**The transliterated Hebrew word, “sawmak” conveys the following:**

**“to lean upon or take hold of, establish, uphold, lay, lean, put upon, rest or set self, stand fast, stay (self), sustain.”**

# **A Mind Stayed on Christ**

**the same word is translated sustained  
(Gen. 27:37, Ps. 3:5),**

**priest would put their hands on the  
head of a sacrificial animal (Exodus  
29:10, 15, )**

**of the laying on of hands in other  
circumstances (Numbers 27:18),**

**of being upheld (Psalm 71:6),**

**to stand fast upon (Psalm 111:8),**

**of being established (Psalm 112:8),**

**of leaning upon (Isaiah 36:6, 48:2).**

# **A Mind Stayed on Christ**



**To live in perfect peace, your mind cannot occasionally come to Christ; it has to be stayed on Him:**

**What sustains your mind?**

**What do you lay your mind upon?**

**What upholds your mind?**

**What does your mind stand fast on?**

**What is your mind established upon?**

**What does your mind lean upon?**

# **It Is Well With My Soul**



**When peace like a river, attendeth  
my way,**

**When sorrows like sea billows roll;**

**Whatever my lot, Thou hast taught  
me to say,**

**It is well, it is well with my soul.**

# **A Mind Stayed on Christ**



**If our mind is stayed on:**

**ourselves**

**our problems**

**the problem people in our lives**

**the problem people's problems**

**or on anything else**

# **A Mind Stayed on Christ**



**To be kept in this perfect peace, our mind must be willfully and continually stayed on the LORD.**

**Tip: Prayer reassigns problems**

# Isaiah 26:3-4

**3 You will keep in perfect peace  
him whose mind is steadfast,  
because he trusts in you.**



# **Because I Trust in You**

**You keep your mind stayed on  
whatever you are trusting.**



# Because I Trust in You



**When we trust in the LORD, we do not lean on our own understanding. To lean on the LORD is to trust Him. To be sustained by the LORD is to trust Him. To be established by the LORD is to trust Him.**

**The word for “lean” in Proverbs 3:5 comes from the same root as the word for “stayed” in Isaiah 26:3.**

# Proverbs 3:5-6

**5 Trust in the LORD with all your heart and lean not on your own understanding;**

**6 in all your ways acknowledge him, and he will make your paths straight**



# Isaiah 31:1

**Woe to those who go down to Egypt for help, who rely on horses, who trust in the multitude of their chariots and in the great strength of their horsemen, but do not look to the Holy One of Israel, or seek help from the LORD.**



# Isaiah 50:9-11

**9 It is the Sovereign LORD who helps me. Who is he that will condemn me? They will all wear out like a garment; the moths will eat them up.**

**10 Who among you fears the LORD and obeys the word of his servant? Let him who walks in the dark, who has no light, trust in the name of the LORD and rely on his God.**

# Isaiah 50:9-11

**11 But now, all you who light fires and provide yourselves with flaming torches, go, walk in the light of your fires and of the torches you have set ablaze. This is what you shall receive from my hand: You will lie down in torment.**



# **Because I Trust in You**



**We have been awarded perfect peace in Christ; but we must fight to live in a perpetual peace.**

**Enemy #1 – Self-Reliance**

# Because I Trust in You

A collection of white snowflake graphics of various sizes and orientations scattered across the blue background, primarily concentrated in the upper right and lower right areas.

**The battle for trust in our lives begins in our minds. If we trust the LORD, it will show in our actions, but it will begin in our mind.**

**Tip: God's Word increases trust**

# Isaiah 26:3-4

**3 You will keep in perfect peace  
him whose mind is steadfast,  
because he trusts in you.**

**4 Trust in the LORD forever,  
for the LORD, the LORD, is  
the Rock eternal.**



# Psalm 18:1-2

**I love you, O Lord, my strength.  
The Lord is my rock,  
my fortress and my deliverer;  
my God is my rock,  
in whom I take refuge.  
He is my shield,  
and the strength of my salvation.**



**Those that trust in God must have their minds stayed upon him, must trust him at all times, under all events, must firmly and faithfully adhere to him, with an entire satisfaction in him;**

**and such as do so God will keep in perpetual peace, and that peace shall keep them.**



**When evil tidings are abroad those shall calmly expect the event, and not be disturbed by frightful apprehensions arising from them, whose hearts are fixed, trusting in the Lord.**

**- Matthew Henry**



# Psalm 112:7

**He shall not be afraid of evil tidings:  
his heart is fixed, trusting in the  
LORD.**



**Perfect Peace consists not in the  
absence of turmoil but in the  
presence of God.**

